



Community Resource Booklet



Ada County: Boise, Meridian, Eagle, Kuna, Star, and Garden City

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The information in this booklet is intended as a resource for community members and does not constitute medical, clinical, or legal advice. Boise City Ada County Housing Authority (BCACHA) attempts to provide relevant information, but neither BCACHA nor its members make claims, promises, or guarantees about the accuracy, completeness, or adequacy of the information contained herein. Further, nothing provided herein should be used as a substitute for the advice of clinicians, other professionals, or legal counsel, which may be tailored to the specific circumstances of the individual’s needs and the community.

Contents

- Abuse: Child, Adult, & Elderly 4
 - Child Protection Services..... 4
 - Adult Protection Services 6
 - Domestic Violence..... 7
 - Domestic Violence: Men’s Resources 9
- Behavioral Health: Adult & Child..... 10
 - Adult Behavioral Health Services..... 10
 - Youth Behavioral Health (children under 18)..... 13
- Crisis/Hotlines..... 15
- Clothing & Diaper Resources 16
- Disability Programs: Adults, Children & Elderly 19
- Food Banks 20
 - Hot Meals..... 25
- Housing Programs / Rental Assistance 27
- Income: Cash Assistance & Benefits Programs..... 28
 - Health & Welfare..... 28
 - The Social Security Administration 29
 - Childcare..... 30
 - Food..... 31
- Legal Assistance 33
- Shelters & Showers 34
- Transportation Services..... 36
- Utilities..... 37
 - Cellphone Assistance 37

Home Energy Assistance	37
Internet and Telephone Assistance	39
Internet	39
Telephone	39
Miscellaneous Resources	40

Abuse: Child, Adult, & Elderly

Child Protection Services

Reporting Neglect, Abuse, and or Abandonment of a child:

Statewide: 855-552-KIDS (5437)

Treasure Valley: (208)-334-KIDS (5437)

2-1-1 or local law enforcement

All callers can remain anonymous. Callers may provide their name and phone number for the assigned social worker to contact them to confirm the report and gather any additional information. Department staff DO NOT disclose caller information to the family. The social worker will tell the family the caller's information is confidential and if the family requests their records the information will be redacted.

Be prepared to provide the following information:

- Child and family names, address, and phone number
- Current location of the child and if they are in immediate danger
- Description of any injury to the child and when and where the incident occurred
- Names of people who may also have information
- Explanation of your concerns regarding the child's safety
- Any additional information you have that may be helpful
- Your name, address, phone number, and relationship to the child

Useful information for callers:

It is OK if you are not sure if abuse, neglect, or abandonment has occurred, but you feel you should call. Let the Department of Health and Welfare (DHW) or law enforcement decide if they have enough information to respond. You do not need to prove abuse, neglect, or abandonment has occurred before you call and make a report.

Ideally, the report should happen within 24 hours of becoming aware of the concerns. We recognize that making a report can be a difficult and scary decision. However, we need everyone to do their part to protect children. Remember, you do not need to prove your concerns before making the report.

Callers are immune from civil liability if they are reporting in good faith.

[Family Advocates CASA and Family Strengthening Programs \(FSP\)](#)

3010 W State Street. Boise, ID

Telephone: (208).345.3344

Email to enroll for FSP: enroll@familyadvocates.org

CASA is the Family Advocates program that focuses on advocacy. This program investigates and advocates for children in cases of abuse, neglect, and abandonment. Family Strengthening Education Program is Family Advocates' prevention program and provides strength-based programming to parents, teens, and children.

Adult Protection Services

Southwest Idaho Area Agency on Aging

Phone: (208)-898-7060

Toll Free: 844-850-2883

Abuse means the intentional or negligent infliction of physical pain, injury, or mental injury.

Neglect means failure of a caretaker to provide food, clothing, shelter, or medical care necessary to sustain the life and health of a vulnerable adult, or the failure of a vulnerable adult to provide those services for themselves.

Exploitation means an action which may include, but is not limited to, the unjust or improper use of a vulnerable adult's financial power of attorney, funds, property, or resources by another person for profit or advantage.

Vulnerable Adult is a person 18 years or older who is unable to protect himself from abuse, neglect, or exploitation due to physical or mental impairment which affects the person's judgment or behavior to the extent that he lacks sufficient understanding or capacity to make or communicate or implement decisions regarding his person.

Domestic Violence

[Address Confidentiality Program](#)

If you move to a new location to escape domestic violence, sexual assault, stalking, malicious harassment or human trafficking, the Address Confidentiality Program (ACP) can help keep your new address confidential. This is done with a mail-forwarding service and substitute address.

[Advocates Against Family Violence \(AAFV\)](#)

1508 Hope Ln, Caldwell, ID

Hotline: (208) 459-4779

Telephone: (208) 459-6330

Crisis Text Line: (208) 614-7671

Shelter: (208) 459-6279

Advocates Against Family Violence (AAFV) works to eliminate domestic abuse by helping individuals make positive life changes through counseling, adult and teen outreach, court advocacy, affordable housing, emergency shelter services, and community involvement.

[Crime Victims Compensation Program \(CVCP\)](#)

Provides assistance to victims of crime for costs related to treatment for injuries sustained as a result of a crime and for sexual assault forensic examinations.

[Faces of Hope](#)

417 S 6th St, Boise, ID

Telephone: (208) 577-4400

Crisis Hotline: (208) 986-4357

Domestic Violence, Sexual Violence, Elder Abuse, Child Abuse, and Stalking. Faces of Hope Victim Center is a warm and welcoming place, where people affected by interpersonal violence can come and receive help, with no judgment, no strings, and no fees. What can we help with? We have seventeen private and public partners that collaborate to deliver:

- Safety planning, protection orders, and civil legal aid.
- Law enforcement reporting, and information on the criminal process and judicial system.
- Medical care, forensic examinations, and crisis counseling.
- Support groups, empowerment classes, and self-defense classes.
- Emergency assistance with food, shelter, clothing, transportation, basic necessities, and diapers.
- Information and referrals to community resources, including referrals to financial literacy classes, employment assistance, job training, food stamps,

food banks, crime victims' compensation, and other public assistance programs.

[Idaho Anti-Trafficking Coalition](#)

868 East Riverside Drive Ste. 170 Eagle, ID

Telephone: (208) 630-6601

Idaho Anti-Trafficking Coalition 24/7 Crisis Hotline: (208) 630-6601

General inquiries of IATC, please email info@idahoatc.org

Human Trafficking is the use of force, fraud, or coercion to compel a person into commercial sex acts or labor or services against his or her will. The one exception involves minors and commercial sex, inducing a minor into commercial sex is considered human trafficking regardless of the presence of force, fraud, or coercion.

[Women's and Children's Alliance \(WCA\)](#)

720 West Washington St. Boise, ID

Telephone: (208) 343-3688

Domestic Violence Hotline: (208) 343-7025

Sexual Assault Hotline: (208) 345-7273

Safe shelter, Court Advocacy, Safety planning, Counseling and Support groups, and case management.

WCA provides intensive and crucial assistance for survivors to regain and rebuild their lives. All services are provided at no cost to clients, thanks to the generosity of supporters.

Domestic Violence: Men's Resources

[Men Stopping Violence](#)

Telephone: (404)270-9894

Email: info@menstoppingviolence.org

[National Organization for Men Against Sexism \(NOMAS\)](#)

Telephone: (303) 997-9581

[A Call to Men](#)

Behavioral Health: Adult & Child

Adult Behavioral Health Services

[Access Behavioral Health \(adults and children\)](#)

Access is an outpatient behavioral health clinic. We serve people of all communities and currently offer two locations in Boise and in Nampa. Our desire is to help improve the quality of daily life for our clients.

Access Behavioral Health Services is a for profit agency that serves the public without regard to race, creed, age, national origin, color, religion, gender, sexual orientation, veteran status, or inability to pay. The owners have been in the field of human services for a combined 30+ years. At Access we pride ourselves on providing best-practice client-centered services.

1276 W. River St Suite 100
Boise, ID 83702
Telephone: (208) 338-4699
Fax: (208) 322-4722

3307 Caldwell Blvd Suite 104
Nampa, ID 83651
Telephone: (208) 465-4833
Fax: (208) 467-2654

[Ambitions of Idaho](#)

Residential Habilitation is a Medicaid-funded program that allows adults 18 and older with developmental disabilities to live independently in the community with staff support. The goal is to reduce the level of services needed over time, through teaching skills that are needed to be safe in the community with minimal support.

4615 W. Emerald St.
Boise, ID 83706
Telephone: (208) 999-4048

[Idaho Behavioral Health Community Crisis Center](#)

For Adults Only – 24/7
Pathways Community Crisis Center of Southwest Idaho
Telephone: 833-587-4747
7192 Potomac Dr. Boise, ID 83704

[Case Managers of Idaho](#)

6003 W Overland Rd, Suite #301. Boise, ID.
Phone: (208) 801-6806

Fax: (208) 694-6301

Hours: Monday-Thursday: 9:00 am - 6:00 pm (After hours by Appt. Only) Closed: Friday, Saturday & Sunday.

Case Managers and Mental Health Counselors of Idaho, we provide non-judgmental, caring support through counseling, Community-Based Rehabilitation, Peer and Family Support, and Case Management to aid in the process of personal development.

[Human Supports of Idaho](#)

Behavioral health services clinic provides a collaborative and non-judgmental environment where participants can receive the services and support needed for recovery and enhancement of life. Counseling, Community Programs, Supplemental Services, Medication Management, and Drug/Alcohol Treatment are the services we offer.

Boise Office:
4477 W Emerald Street, STE C-100
Boise, Idaho 83706
Phone: (208) 321-0160
Fax: (208) 321-0221

Caldwell Office:
314 Badiola Street
Caldwell, ID 83605
Phone: (208) 454-8389
Fax: (208) 454-8404

Idaho Department of Health & Welfare Mobile Crisis Unit (MCU)

Telephone: (208)-334-0808

If you are unsure how to handle a mental health condition, the MCU has a 24/7 call center that helps people who need immediate attention (such as a person who may have a plan to hurt someone or themselves) or people who need referrals (such as someone who'd like advice on how to find a provider).

[LGBT National Hotline](#)

Hotline: 888-843-4564

Email: help@LGBThotline.org

HOURS: Monday through Friday from 1pm to 9pm, pacific-time and Saturday from 9am to 2pm, pacific-time.

The LGBT National Hotline is for all ages. We provide a safe space that is anonymous and confidential where callers can speak on many different issues and concerns including, but not limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.

[National Alliance on Mental Illness \(NAMI\) Boise](#)

Tel (Call or Text): (208)-614-0162

Email: admin@tvnami.org

Promotes wellness, education, and advocacy for people with mental illness and their families. Support groups. No emergency services.

[Pathways of Idaho Crisis Center](#)

7192 Potomac Drive. Boise, ID

Telephone: 1-833-5-CRISIS

The Pathways Community Crisis Center will provide up to 23-hour 59-minute stabilization, behavioral health services, and community linkage at no cost to men and women ages eighteen.

[Suicide Prevention Hotline](#)

Telephone: 800-273-8255

Press one for Veteran’s Crisis Hotline. This hotline is free, confidential, and always available.

[Trans Lifeline](#)

Hotline: 877-565-8860

Friends & Family: call hotline and ask for ‘friends & family’

Trans Lifeline is a grassroots hotline and micro grants 501(c)(3) non-profit organization offering direct emotional and financial support to Trans people in crisis – for the Trans community, by the Trans community.

Youth Behavioral Health (children under 18)

Idaho Behavioral Health Plan Managed Care Provider

Optum Idaho

Telephone: 855-202-0937

Email: optum.idaho.yes@optum.com

Contact if your child has Medicaid and you need help locating a mental health provider. Also available 24 hours a day in case of a mental health crisis.

Trevor Lifeline

Telephone: 1-866-488-7386

Text: 'Start' to 678-678

Message: Trevor Project

The Trevor Project is the world's largest suicide prevention and crisis intervention organization for LGBTQ (lesbian, gay, bisexual, transgender, queer, and questioning) young people. Trained counselors understand the challenges LGBTQ young people face, please call, text, or message online.

Youth Empowerment Services

Mental health services are available for children and youth under the age of eighteen who have serious emotional disturbance (SED) through the Youth Empowerment Services (YES) system of care. Children's Mental Health provides services for children with SED or children who display symptoms that indicate other behavioral health problems.

Independent Assessor

Liberty Healthcare

Telephone: (208)-258-7980

Telephone: 877-305-3469

idahoyes@LibertyHealth.com

Contact for a mental health assessment for your child if:

- Your child would like Medicaid and your household earns between 185-300% of the Federal
- Poverty Guidelines –OR–
- Your child already has Medicaid, and you would like to access respite services paid by Medicaid –OR–
- You are unsure if your child will qualify for Medicaid because of income eligibility requirements but would like access to the YES system of care through the Children's Mental Health program.

*Note: A youth is not required to go to the Independent Assessor unless applying for Medicaid with a household income between 185-300% of the Federal Poverty Guidelines, or the youth needs access to Medicaid paid respite.

[Pathways Youth Community Support Center:](#)

9196 W Emerald St Suite 100 Boise, ID 83704

Telephone:1-833-527-4747

Pathways Youth Community Support Center serves youth between the ages of 12-17 experiencing a behavioral health crisis, regardless of race, gender, sexual orientation or social economic status. The center operates 24 hours,7 days a week, 365 days a year. Pathways Youth Community support center provides a safe, non-judgmental environment, linkage to community resources, and referrals for ongoing care at no cost to those we serve. Individuals may stay at the center up to 23 hours and 59 minutes in one episode of care. During that time, services will include: Medical Screening, Behavioral Health Assessment, Risk Assessment, Solution Focused Counseling, Case Management, and Peer Support.

Crisis/Hotlines

Disaster Distress Helpline: Call or Text 1-800-985-5990

Domestic Violence Hotline: (208) 343-7025

Idaho Anti-Trafficking Coalition 24/7 Crisis Hotline call or text: (208) 630-6601

Idaho Legal Aid Domestic Violence Hotline: (208) 746-7541

Housing Crisis Hotline: (208)-336-HOME (4663)

Idaho Suicide Prevention: 988

LGBT National Hotline: 888-843-4564

Lifeline Options for Deaf + Hard of Hearing; For TTY Users: Use your preferred relay service or dial 711 then 1-800-273-8255.

Mobile Crisis Unit Hotline: (208) 344-0808

National Human Trafficking Hotline: 1-888-373-7888 or text 233733 "BE FREE"

National Center for Missing and Exploited Children: 1-800-843-5678

National Suicide Hotline: 1-800-273-8255

Pathways of Idaho Hotline: 1-833-5-CRISIS

Sexual Assault Hotline: (208) 345-7273

Suicide Prevention Hotline: 800-273-8255

Veteran's Crisis Hotline: 1-800-273-8255 Text 838255

Clothing & Diaper Resources

[Dress for Success](#)

Capital Christian Center

2760 E. Fairview Avenue, Meridian, Idaho

Telephone: (208) 288.4405 OR email: boisevalley@dressforsuccess.org

Women obtain what they need for an interview—from clothing to confidence—and can return once they find employment for the apparel and accessories needed to enter the workforce. By appointment only.

[Faces of Hope – Hope’s Closet \(See Domestic Violence\)](#)

417 South 6th Street, Boise, ID

Telephone: (208) 577-4400

New clothing w/tags & diapers available to clients of the center who meet criteria.

[African Community Development Inc.](#)

3805 N. Cole Rd. Ste. 201, Boise, ID

Telephone: (208) 371-5398

[Agency for New Americans](#)

225 W. Overland Rd., Boise, ID

Telephone: (208)-338-0033

*New Refugees Only

[Baby Needs Closet](#)

Cathedral of the Rockies First United Methodist Church

717 N. 11th St. Boise, ID

Telephone: (208) 343-7511

Monday’s & Wednesday’s, 1:00 p.m. – 2:30 p.m.

Available once per month, per family. Please bring identification for each child (birth certificate, SS card, or vaccination record, etc.).

[Birthright of Boise](#)

1530 W. State St. Ste. A, Meridian, ID

Telephone: (208) 342-1898

Provides free pregnancy tests and provides support for expectant mothers and families.

*Not a medical facility

[Boise Love INC \(In the Name of Christ\)](#)

Telephone: (208) 377-3502 ext. 1

Call center assistance line.

Catholic Charities Diaper Program

7255 Franklin Rd. Boise, ID

Telephone: (208) 345-6031

HOURS: Tuesdays and Thursdays from 9:30am to 6pm Sizes range from newborn to pull-ups

New Clients must bring:

- Parent ID
- ID of each child(ren) for whom diapers are being requested for (photo of ID is acceptable). ID must show date of birth of child (ex. Photos/copies of Birth certificate, immunization record, etc.).
- Returning Clients will be asked to fill out a Returning Client Form and bring IDs for themselves and their children at the start of each calendar year.
- Diapers can be requested one time a month per family
- Diapers are distributed to children aged from newborn to 3 years old.
- Pull-ups are distributed to children aged 2 to 5
- Please ask us about potty chairs if you think your child is ready to begin potty training!
- If a child in your family has a medical need to continue receiving diapers past age 3 or pull-ups past age 5, please talk to CCI staff for more information.

Eagle Community Food Bank & Diapers

149 W. State Street. Ste. 121, Eagle, ID

Telephone: (208) 631-0702

HOURS: 1st & 3rd Thursdays from 10:00 a.m. – 12:00 p.m. 2nd & 4th Thursdays from 6:00 p.m. – 7:00 p.m.

*Open to STAR and EAGLE residents only.

Joseph’s Closet

Whitney United Methodist Church

3315 W. Overland Road Boise, ID

Telephone: (208) 343-2892

The Closet is open every Saturday starting October 23rd and every 3rd Friday of each month until the closing date, the 3rd Friday in February. Seasonal warm clothing ministry provides coats, hats, gloves, and scarves to those in our neighborhood who need them.

Redeemer Lutheran Church

2920 Cassia Street. Boise, ID

Telephone: (208) 344-6758

3rd Saturday of the month, 1pm – 2:30 pm

Detergent, toilet paper, and diapers

[The Closet, Inc.](#)

Ada County teens in grades 6-12

10338 W Fairview Ave Boise, ID

Telephone: (208) 409.0204

Clothing, shoes, and toiletries.

[The Wardrobe](#)

Call or Text: (208)-352-6565

304 N. Kimball Ave.

Caldwell, ID 83605

Our services are solely for the use of youth currently in foster care, kinship care, or adults who have aged out of foster care under age 21.

Disability Programs: Adults, Children & Elderly

Adult and Children Developmental Disabilities Programs see [Department of Health & Welfare](#)

Area Agency on Aging

1505 S. Eagle Rd. Ste. 120, Meridian, ID

Telephone: (208) 898-7060

Email: psa3@a3ssa.com

Our services are targeted to assist seniors, caregivers, and people with disabilities in achieving and maintaining their highest possible level of independence.

DisAbilities of Idaho

Telephone: (208) 336-5353

Intake HOURS: Monday – Friday, 8:00 a.m. – 2:00 p.m.

DisAbility Rights Idaho provides advocacy and legal services to people with disabilities.

LINC Idaho

1878 W. Overland Rd. Boise, ID

Telephone or Text: (208) 336-3335

Email: info@lincidaho.org

Hours: Monday – Friday, 9:00 a.m. to 5:00 p.m.

We offer tools, advocacy, and support so people can live the life of their own design, whatever that design may be. Our approach is built on trust, truth, transparency, and an unwavering belief that independent living and personal choice are civil rights worth fighting for.

Food Banks

Most donation centers offer multiple services/resources

[Agape in Action Food & Clothing Distribution](#)

Agape Christian Worship Center
5232 Fairview Avenue
Boise, Idaho 83706
Telephone: (208) 685-0612
Last Saturday of each month.

[a.i.p.h.a. – Allies Linked for the Prevention of HIV and AIDS](#)

537 W Bannock St
Suite 100
Boise, ID 83702
Telephone: (208) 424-7799
Food Pantry Hours: Thursdays- 2PM-8PM, Fridays- 2PM-5PM, Closed Major Holidays.

a.i.p.h.a.'s food pantry serves anyone living in the state of Idaho with an HIV diagnosis. We allow patrons to shop for their whole family. Our food pantry is a choice pantry, allowing patrons to choose what they would like to take.

[Calvary Boise's Food Pantry](#)

123 Auto Dr. (Boise Auto Mall), Boise, ID
Telephone: (208) 321-7440
HOURS OF OPERATION: Monday-Friday, 9:00 am-4:30 pm
It is an outreach opportunity for the local community. Food Pantry (can food and nonperishable items) is available on campus during normal business hours for people to receive a free bag of food as well as prayer from one of staff or volunteers.

[Cathedral of the Rockies Food Pantry \(Amity Campus\)](#)

4464 S Maple Grove Road, Boise ID.
Telephone: (208) 362-2168

[Downtown Location:](#)

717 N. 11th St. Boise, ID 83702
Telephone: (208) 343-7511

The pantry is operated in partnership with the Idaho Foodbank and Feeding America. If you need food or know someone who does, just stop by any Monday between 5:30 and 7:30 pm. There is no limit to the number of times you can visit, and IDs are not required. Some basic information (name, etc.) will be requested for our records. We also provide a light sack lunch to hand out to our guests at our

downtown location. Lunches are available every day, and we distribute about 100 bags each week. Lunch bags are distributed from 11:30am-1pm seven days a week.

We send out the empty bags with our church on the last Sunday of the month to be filled and brought back the next week. All food is sorted and made into complete lunches.

[City of Hope Food Pantry](#)

8401 W. Fairview Ave. Boise, ID 83704

Telephone: (208) 376-7272

Food Boxes available Mon–Thur: 9:30 – 11:30a

No one will be turned away for food and we do not require any funds to receive a food box. Everyone who comes in will get a full PRE-MADE box of food once a week. We only ask for your name and how many people you have in your family. We also offer prayers for anyone who would like to receive it.

Masks are NOT REQUIRED, but if you are more comfortable wearing one, we encourage you to.

[Community Ministries Center](#)

3000 Esquire Dr. Boise, ID

Telephone: (208) 378-7774

Open: Monday – Thursday, Hours: 12:00 – 3:15 PM

Services provide; Emergency Food Bank, Social Services Screening & Referral, Elderly Services, Dietary Assistance and Education, Infant Care Supplies (please call ahead for availability), and Hygiene Items (please call ahead for availability).

[Eagle Community Food Bank](#)

149 W State Street, Eagle, ID

Telephone: (208) 631-0702

We distribute food on the 1st and 3rd Thursdays of each month from 10 am to 12 pm and the 2nd and 4th Thursdays of each month from 6 to 7 pm for West Ada County residents.

[El-Ada Community Action Counsel](#)

Boise Food Pantry – HOURS: 7 a.m. – 5:30 p.m. Monday- Thursday

2250 S Vista Ave., Boise, ID 83705

[Garden City Food Bank](#)

HOURS: 9 a.m. – 12 p.m. & 1 p.m. – 5 p.m., Monday-Thursday

701 E 44th St. Garden City, ID 83714

Telephone: (208) 377-0700

Households may utilize the food pantry once every 60 days. Food boxes typically provide 2-4 days' worth of food. Garden seeds may also be available in the springtime (limited availability). Food boxes vary based on donations and location.

To receive a food box, clients must qualify and be enrolled in our CSBG program. Clients will be asked for demographic information about themselves and each member of their household. No ID or income verification is required to receive a food box. SDA Commodities are staple pantry items that are provided through our TEFAP program. Commodities are available once per month at multiple distribution sites in Treasure Valley. For specific dates and times please call (208) 377-0700. Commodities are available at all El-Ada locations.

To receive commodities, clients must qualify and be enrolled in our TEFAP program. Clients will be asked for demographic information about themselves and each member of their household and must sign an eligibility form. No ID or income verification is required to receive commodities.

Idaho Food Bank – Refers to local food banks

Telephone: (208)-336-9643 OR 2-1-1

[Kuna United Methodist Church Community Food Pantry](#)

260 W 4th St., Kuna, ID

Telephone: (208) 922-4745

Call 208-922-4745 to arrange your pickup. If no one answers, leave a message or text a message with your name. We'll get back to you. We will go over a food list with you of what we have then make you a box that you can pick up in our parking lot at a scheduled time.

[Meridian Food Bank](#)

133 W Broadway, Meridian, ID

Telephone: (208) 888-5102

We are switching to DRIVE-THRU SERVICE to protect our clients and volunteers from the coronavirus. As of now, we plan to keep our regular hours. Those are Monday, Wednesday, and Thursday from noon to 4. Also, supplies of certain food items are limited because donations from grocery stores are down as people clear the shelves to stock up. We are all in this together. So, we ask for your patience and understanding during this trying time. Thank You!

[Salvation Army Food Pantry and Family Services](#)

9492 W Emerald St. Boise, ID

Telephone: (208) 433-4423

Hours – Monday: CLOSED, Tuesday - Thursday: 12:00 - 4:00 PM, and Friday: 10:00 AM - 1:00 PM

[Star Food Bank – Drive through](#)

10775 State Highway in front of Star City Hall.

Telephone: (208) 779-0046

Hours: Tuesdays: 1:30pm – 3:30pm and Thursdays: 3pm – 5:30pm

Please DO NOT line up before 1pm on Tuesdays and 2:30pm on Thursdays.

If you line up before this time, you will be turned away. Thank you for assisting us and helping us be good neighbors.

[St. John's Food Bank](#)

Riffle Center for Faith Formation

775 N. 8th Street, Boise, ID

Telephone: (208) 342-3424

HOURS - Mondays and Wednesdays from 1 to 3 p.m., except on major holidays.

Our mission is to provide food to those in need in the community. Everyone is welcome here.

[St. Marks Food Bank](#)

7960 North View St. Boise, ID

Telephone: (208)-327-0345

Hours: Monday-Friday 10am to 1pm

[St. Mary's Food Bank](#)

3890 W. State St. Boise, ID 83703

Telephone: (208) 345-2734

FOOD BANK HOURS Mondays and Fridays, from 11:00 a.m. to 2:00 p.m.;

Wednesdays from 11:00 a.m. to 1 p.m.

Our mission is to provide food to needy individuals who come to us for help regardless of religious affiliation. We at St. Mary's Food Bank do what we can to ease the suffering of poverty and support the dignity of people whose circumstances bring them to our food pantry for assistance.

[St. Vincent De Paul Food Pantry](#)

Locations:

St. Vincent de Paul of Southwest Idaho operates five conveniently located food pantries. Stretch your food budget with food from the food pantry near you!

Everyone is welcome! We accept anyone regardless of race, creed, gender, identity, or another identifying factor. We are here to help, not judge. Clients are welcome once per month.

[Holy Apostles](#)

6300 N Meridian Rd. Meridian, ID

Telephone: (208) 995-6697
Hours: Monday, Wednesday, Friday 1:00PM – 4:00pm and Thursday 5:30PM – 7:00PM

SVdP Council Overland Center
3209 W Overland Rd. Boise, ID 83705
Telephone: (208) 333-1460
Hours: Tuesday 10:00am – 12:00pm and Friday 10:00am – 12:00pm

Sulamita Food Pantry
1435 N. Black Cat Rd. Meridian, ID
Telephone: (208) 585-4803
Hours – 2nd & 4th Saturdays: 10:00 am-12:00 pm, (except holidays)

Vineyard Christian Fellowship
Barnabas Center - the northeast corner of our campus
4950 N Bradley St. Garden City, ID
Telephone: (208) 377-1477
Hours - Wednesdays & Saturdays, 10AM – 12PM, Drive through service only

Food Pantry is available to Ada County residents only. Food boxes can receive a box once a month.

Pet Pantry
Idaho Humane Society
Dorman Campus
4775 W Dorman Street, Boise, ID
Telephone: (208) 331-8553

To apply for pet food assistance, visit our shelter to receive an application or fill out an application online. Proof of need is required and can be documented with any of the following:

- Food Stamps/EBT Card
- Medicaid/Medicare
- SSI
- Social Security
- Proof of low income from your most recent income tax return, payslip, or proof of Unemployment/Unemployment income statement, financial status with the Department of Health & Welfare, any Homeless Shelter, or Food Bank.

Hot Meals

Boise Rescue Mission

Locations:

River of Life Rescue Mission
575 South 13th Street, Boise, ID.

Telephone: (208) 389-9840

Mealtimes (Open to Men, Women & Children)

Breakfast – 6:30 a.m. (Daily)

Lunch – 12:00 p.m. (Daily)

Dinner – 5:00 p.m. for community guests, 7:00 p.m. for residents (Daily)

City Light Home for Women and Children

1404 W. Jefferson St. Boise, ID.

Telephone: (208) 368-9901

Mealtimes

Breakfast – 6:45 a.m. (Sunday – Friday), 8:00 a.m. (Saturday)

Lunch – 12:00 p.m. (Daily)

Dinner – 5:30 p.m. (Daily)

Corpus Christi House

525 S. Americana Blvd. Boise, IdD

Telephone: (208) 426.0039

Offering 12:00 p.m. Lunch and it is served outside. Hot Coffee is available from 8:30 a.m. – 4:30 p.m.

Immanuel Lutheran Church

707 W Fort St. Boise, ID

Telephone: (208) 344-3011

Anyone who is hungry is invited to the Immanuel Food Fellowship each Tuesday evening. Dinner is served at 5:00 pm, which consists of a well-balanced meal.

Meals on Wheels

To receive meals, contact PSA III Area Agency on Aging:

(208) 898-7060

Metro Meals on Wheels delivers and serves homebound seniors throughout Ada County, Emmett, Middleton, and a portion of Caldwell. We also serve congregate meals in senior centers in Boise, Meridian, Eagle, Kuna, Star, and Marsing, as well as Northgate Senior Village and Samaritan Village in Boise.

[Red Rock Christian Church](#)

Community Suppers To-Go
1124 S Roosevelt, Boise, ID.
Telephone: (208) 342-2380

We invite our friends and neighbors every 3rd Tuesday at 6pm for a free meal and a safe, welcoming place to gather for conversation. At each Community Supper we extend help to our neighbors by offering free pastries, vegetables, and fruit to take home.

[Whitney United Methodist Church](#)

3315 W. Overland Road Boise, ID
Telephone: (208) 343-2892

Whitney Community Dinner – Delicious Meals-to-go on the Third Friday of every month at 6 p.m.

Saturday Lunch – Nutritious sack lunches are available every Saturday from 11:00 a.m. – noon.

Housing Programs / Rental Assistance

[Ada County Indigent Services](#)

252 E Front St. Ste. 199, Boise, ID

Telephone: (208) 287-7960

Assistance for rent, power, heat and or water bill, please fill out the rent and utility assistance application. Assistance is limited to one month's service in a 12-month period. Applications take approximately 2-weeks to process and do not work if service is disconnected.

[CATCH of Ada County](#)

Homelessness Outreach; OurPath Home

503 S. Americana Blvd. Boise, ID 83702

Monday-Friday 9AM-4:30PM

Telephone: (208) 246-8830

[Jesse Tree Rental Assistance](#)

1121 W Miller St. Boise, ID 83702

Telephone: (208) 383-9486 or Email: office@jessetreeidaho.org

[NeighborWorks Boise Apartment Rentals](#)

3380 W. Americana Terrace Ste 120 Boise, ID

Email: info@nwboise.org

Phone: (208).343.4065

Low-income housing for those making at or below 80%, 60%, 50% or 30% AMI. Davis Park Apartments, Stewart Avenue Apartments, Northwest Pointe Apartments, and Gateway Crossing Apartments in Nampa.

[St. Vincent De Paul – Help Line](#)

Help line: Ada County and Mountain Home: (208) 331-2208

Assistance with utilities, rent, household goods, transportation & clothing. Leave a message with your name, phone number, zip code, and need. Speak slowly and clearly. A volunteer will call you back within 48 hours. The call may be from a blocked number – Please answer it! If you do not receive a call back, please call the Helpline again. The caller will arrange a visit by two St. Vincent de Paul Volunteers.

Income: Cash Assistance & Benefits Programs

Salvation Army Boise Family Service Office

9492 W. Emerald St. Boise, ID

Telephone: (208) 343-5420

Hours are 9:00 AM to 3:00 PM

Provides the most comprehensive range of social service programs of any organization in the Treasure Valley to help families and individuals seeking to rise above poverty and live self-sufficiently. The Salvation Army is committed to serving the whole person, body, mind, and spirit, with integrity and respect, using creative solutions to positively transform lives without discrimination.

Programs:

- Client Choice Food Pantry: The largest food distribution pantry in the county
- Getting Ahead: Bridges Out Of Poverty education classes
- Pathways Out of Poverty: Empowering families toward stability
- Family Services Classes: Job, financial literacy and life skills classes
- Project Share: Utilities assistance
- Student Assistance: Backpacks and school supplies
- Holiday Assistance: Toys, food boxes and Adopt-A-Family
- Coats: Winter coats for children and adults
- Booth Marian Pritchett School Program: For pregnant and parenting teens
- Vouchers: Clothing and household supplies

Health & Welfare

The Idaho Department of Health & Welfare Programs: you will need to apply by calling 1-877-456-1233 or in person at 1720 N Westgate Dr STE A, Boise, ID 83704.

Aid to the Aged, Blind and Disabled (AABD) Cash Assistance.

Provides cash assistance for individuals who are 65 or older, blind, or disabled. Eligible individuals will receive a small payment each month to help with everyday living expenses.

Temporary Assistance for Families in Idaho (TAFI)

Provides temporary cash benefits for eligible low-income families and households to help pay for food, clothing, shelter, and other essentials.

Adult Developmental Disabilities Program

The Medicaid Program has special provisions for people with developmental disabilities (DD). If you would like to apply for developmental disability services, first you need to complete a Medicaid application and be determined financially

eligible for Medicaid. Then you will need to complete an application and assessment for the DD program to determine if you will be eligible for DD services.

The application process for the adult with developmental disabilities program has two steps:

- 1) Apply for Medicaid
- 2) Complete the developmental disabilities application

You may request an application by contacting your local DHW office or by accessing this link: [DD Application](#)

[Children Developmental Disabilities Program](#)

The Children’s Developmental Disabilities Program provides a system of care that has a wide array of home and community-based services for children including intervention and support services. The system emphasizes evidence-based treatment methods, community integration, and family empowerment.

To apply: Contact the local regional Family and Community Services (FACS) Developmental Disability Program office at (208)-334-6500 or toll free at 877-333-9681 for information and an application.

The Social Security Administration

[Social Security Supplemental Income](#)

The Supplemental Security Income (SSI) program provides monthly payments to adults and children with a disability or blindness who have income and resources below specific financial limits. SSI payments are also made to people aged 65 and older without disabilities who meet the financial qualifications.

To apply: Call us to make an appointment to file your application on 1-800-772-1213. If you are deaf or hard of hearing, you can call us at TTY 1-800-325-0778.

[Social Security Disability Income](#)

The SSDI program pays benefits to you and certain family members if you are “insured.” This means that you worked long enough – and recently enough - and paid Social Security taxes on your earnings. The Supplemental Security Income (SSI) program pays benefits to adults and children with disabilities who have limited income and resources.

While these two programs are different, the medical requirements are the same. If you meet the non-medical requirements, monthly benefits are paid if you have a medical condition expected to last at least one year or result in death.

To apply: Call 1-800-772-1213 (TTY 1-800-325-0778) from 8:00 a.m. to 7:00 p.m., Monday through Friday, to apply by phone.

SOAR - Assistance with Applying for SSI/SSDI:

The SOAR effort in Idaho is an initiative designed to increase access to SSI/SSDI for eligible adults who are experiencing or at risk of homelessness and have a mental illness, medical impairment, and/or a co-occurring substance use disorder.

Email: SOARinquiries@dhw.idaho.gov

Childcare

Idaho Childcare Program

The Idaho Childcare Program (ICCP) serves families with children under the age of thirteen or over thirteen if a child has a disability, providing childcare assistance to working families by paying for a portion of childcare. The parent’s share is based on the size of the family and the amount of their income.

To apply call: 1-877-456-1233 (toll free) or In Person: 1720 N Westgate Dr STE A, Boise, ID 83704.

Head Start & Early Head Start

Telephone:(208)344-9187

Head Start & Early Head Start is a federal program that promotes the school readiness of children from birth to age five from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development. Head Start emphasizes the role of parents as their child's first and most important teacher. These programs help build relationships with families that support family well-being and many other important areas.

Kindall Center/Head Start and Early Head Start Center

4707 W Camas St

Boise, ID 83705 - 5832

Lutheran Community Services NW - Safe Families for Children

2920 Cassia Street, Boise, ID

Telephone: (208) 509-2431

Email: safefamiliestv@lcsnw.org

Temporary day or overnight care for children up to the age of eighteen in a host family.

Navigation for families with children

For a referral dial 2-1-1 OR 1800-926-2588

Bridges connections to resources and supports to address current needs.

Kid City provides free, or low-cost, programs for children in the first-sixth grade including homework assistance, youth sports, recreation programming, STEM activities, art projects, games and a healthy snack (provided by the Boise School

District). Pre-registration is required for all Kid City locations. For enrollment information, please call Fort Boise Community Center at (208)-608-7680.

Jefferson Kid City

200 S Latah St. Boise

Telephone: (208) 513-0372

Hours of Operation: After school - Monday - Friday: 3:15 - 6 p.m. Closed weekends, holidays, and some school breaks.

Whitter Kid City

255 N 29th St, Boise

Telephone: (208) 608-7680

Hours of Operation: After school - Monday - Friday: 3:45 - 6 p.m. Closed weekends, holidays, and some school breaks.

Taft Kid City

3722 N Anderson St. Boise

Telephone: (208) 608-7680

Hours of Operation: After school - Monday - Friday: 3:15 - 6 p.m. Closed weekends, holidays, and some school breaks.

Food

Community Food Programs:

School Lunches - During the school year, qualifying children can receive free and reduced-cost meals while at school. Any family with children enrolled in a school or district participating in the school meal programs (National School Lunch Program and/or School Breakfast Program) may apply for these services. Contact your school to apply or learn about any additional eligibility requirements.

Summer Meals - During summer break, children can receive free meals at food sites. All kids and teens ages 1-18 years old are welcome. No income requirements and No questions asked. Text SUMMER MEALS to 97779 or call the 2-1-1 Idaho CareLine (Dial 2-1-1) to find locations.

Supplemental Nutrition Assistance Program (SNAP)

The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, helps low-income families buy the food they need to stay healthy.

Telephone: 1-877-456-1233 or In Person: 1720 N Westgate Dr STE A, Boise, ID 83704.

Farmers Market - Double up Food Bucks: There are several farmers markets in Idaho that will double your food stamp benefits! Programs vary by market but at some locations you can get up to a \$20 match per market visit! This means take \$20 off your EBT card and receive another \$20 to spend on fruits and vegetables for you and your family.

WIC is a supplemental nutrition program for Women, Infants and Children up to age 5. It provides nutritious supplemental foods, breastfeeding support, as well as nutrition education and referral to health care services at no cost to eligible families.

Women Infant & Children (WIC) Offices:

Telephone: (208) 327-7488

Appointments available Monday thru Friday
Mondays & Tuesdays: 8 am - 8 pm
Wednesday, Thursday & Friday: 8 am - 5 pm

Boise Office

Central District Health
707 N. Armstrong Pl.

Boise Bench

Terry Reilly Health Center

Telephone: (208) 327-7488

848 La Cassia St., Boise

Appointments available Tuesdays

Garden City

Boys and Girls Clubs of Ada County

Telephone: (208) 327-7488

610 E 42nd St. Garden City

Appointments available Tuesdays

Legal Assistance

[Faces of Hope – Domestic Violence Protection Orders](#)

417 S 6th St, Boise, ID

Telephone: (208) 577-4400

Works with University of Idaho Law Students to represent victims of domestic violence.

[Idaho Legal Aid Services](#)

1447 Tyrell Ln, Boise, ID.

Telephone: (208) 746-7541

Free Legal Advice Lines: Domestic Violence, Housing, and Senior: Advice Line Hours. Intake for the advice lines occurs Monday through Thursday (excluding holidays), from 10:00 a.m. to 12:30 p.m. and 2:00 to 4:30 p.m. There are no phone intakes on Fridays. However, you may apply online for services at any time: [Apply Online for Services](#).

[Intermountain Fair Housing Council](#)

4696 W. Overland Rd., Suite 140. Boise, ID

Telephone: (208) 383-0695 or 1-800-717-0695

Provides information and education services to housing consumers, housing providers, community organizations, and lending institutions. Monitors fair housing compliance of housing providers, lending institutions, and local and state governments. Engages in enforcement activities which include investigation, testing, and complaint filing with State or Federal authorities. Negotiates fair housing settlements by mediation, conciliation, or litigation, if necessary.

[Volunteer Lawyers Program – Pro bono Legal Services](#)

Phone: (208) 334-4500

The Idaho Volunteer Lawyers Program assists Idahoans with civil legal issues. Qualifying for help is based on the income and assets of all people living in your home. It is also based on the kind of legal problem you have. To determine qualification, please complete the application to our program below. IVLP cannot assist with criminal issues.

Shelters & Showers

[Boise Rescue Mission - City Light for Women & Children](#)

1404 W. Jefferson St. Boise, ID

Telephone: (208) 368-9901

At City Light, we offer a safe haven of hope and love, providing emergency services such as meals, shelter, and clothing, as well as education, work-search assistance, mental health counseling, addiction recovery through the New Life Program, and children's programs.

Check-In: Overnight Shelter – 4:00 p.m. (Daily)

Special accommodation can be requested at check-in.

[Boise School District Hotel/Motel Vouchers \(families with children only\)](#)

Check with your school's social worker for availability of funds. Must have alternate housing option arranged beforehand. Meant only for in-between permanent housing option.

[Corpus Christi House Day Shelter & Showers](#)

525 S. Americana Blvd. Boise, ID

Telephone: (208) 426-0039

Hours: 8:30 a.m. Open for showers, coffee, clothing, and laundry. Public Bathroom & Shower- Towels and soap provided and Laundry Services – Clothes can be dropped off for washing and drying.

[Idaho Youth Ranch – Hays House](#)

7221 Poplar St. Boise, ID

Telephone: (208) 322-2308

24-hour shelter for kids, ages nine to 17, who are runaways, homeless, victims of abuse or neglect, or just need a safe place. Provides drop-in services so young people can stop in for a safe place to get a warm shower, a hot meal, and more.

[Interfaith Sanctuary](#)

1620 W River, Boise ID

Telephone: (208) 343-2630 after 5:00 pm or leave a message during the day.

Hours: Mon. – Sun. 6 pm – 7 am

[River of Life](#)

Men's Shelter only (no children)

575 South 13th Street. Boise, ID

Telephone: (208) 389-9840

Check-In: Overnight Shelter – 4:00 p.m. (Daily)

In addition to emergency food, shelter, and clothing, this Boise shelter for men offers:

- Education
- Job-search assistance
- Mental health counseling
- Veterans Ministry Program
- New Life Discipleship & Recovery Program

[Salvation Army Nampa Corps – Day Center](#)

1412 4th St. S. Nampa, ID

Telephone: (208) 461-3733

The Day Resource Center provides breakfast, lunch and access to showers and laundry facilities for homeless and at-risk of homeless families and individuals. This program is open to the public every weekday and is closed on Saturday and Sunday.

[Downtown Boise YMCA Shower Pass](#)

1050 W State St, Boise, ID 83702

Telephone: (208) 344-5501

The Downtown Boise YMCA offers shower passes for \$2.00 per day. Shower passes may be purchased 7-8:30 a.m. Monday – Saturday.

Transportation Services

Harvest Transit

Seniors & Disabled residents of Meridian

Telephone: (208) 343-4414

Hours: Mon. – Sat. 9am – 3pm.

Schedule the trip at least two business days in advance.

MTM – Non emergent medical transportation

To schedule ride: 1-877-503-1261 or website

Medicaid appointments only.

You must schedule your trip at least two business days before your appointment, unless your trip is urgent, or you are discharged from a hospital. We schedule routine trips Monday through Friday from 8 a.m. to 6 p.m. You can schedule urgent trips 24 hours a day, seven days a week.

Rides 2 Wellness – Medical Appointments only

Valley Regional Transit

To schedule ride: (208) 345-7433 M-F; 8 am – 5 pm.

Folks not eligible for Medicaid transportation, live in Ada County, and do not have transportation to your medical appointment at a participating clinic. Rides must be booked at least two business days in advance. Rides can be scheduled no more than 14 days in advance. Be sure to schedule your return ride if one is needed.

Utilities

Cellphone Assistance

[Assurance Wireless](#)

Free government cell phone

[SafeLink Wireless](#)

Free government cell phone

[StandUp Wireless](#)

Free government cell phone

Home Energy Assistance

[Ada County Indigent Services](#)

252 E Front St. Ste. 199, Boise, ID

Telephone: (208) 287-7960

Assistance for rent, power, heat and or water bill, please fill out the rent and utility assistance application. Assistance is limited to one month's service in a 12-month period. Applications take approximately 2-weeks to process and do not assist if service is disconnected.

[City of Boise Financial Assistance](#)

Telephone: (208) 608-7460

150 North Capitol Blvd. Boise

To qualify for the hardship discount, Total Gross Annual Income in this application must be less than the Annual Gross Income for your size family based on the **Extremely Low-Income Guidelines** of the Community Development Block Grant Income Guidelines listed on the Housing and Community Development website. Housing and Community Development is a division of the Boise Planning and Development Services Department.

[Intermountain Gas Company](#)

Telephone: (208) 377-6840

Heating assistance program for temporary heating emergencies.

[Keep Kids Warm](#)

El-Ada

701 E. 44th St. #1 – (208) 322-1242

2250 S Vista Ave. – (208) 345-2820

Assistance for low-income families with children in the Treasure Valley.

[Low Income Home Energy Assistance Program \(LIHEAP\)](#)

El-Ada Community Action Agency, Inc.

2250 S. Vista Ave. Boise, ID

Telephone: (208) 345-2820

Applications are accepted Nov. 1 – Jan. 31st. Past-due utility bills, disconnection notices, wood and propane fuel costs, heating system repairs, and or heating system replacements.

[Project Share](#)

People Helping People

Salvation Army

Telephone: (208) 343-5429

[St. Vincent De Paul](#)

Helpline: (208) 331-2208

Internet and Telephone Assistance

Internet

[Affordable Connectivity Program](#)

You are likely eligible if your household's income is below 200% of the Federal Poverty Line, or if you or someone you live with currently receives a government benefit like SNAP, Medicaid, SSI, WIC, Pell Grant, or Free and Reduced-Price Lunch. public housing and Tribal lands.

Telephone

[Low Income Telephone Program](#)

The Idaho Telephone Service Assistance Program (ITSAP) is a community assistance program that helps improve living conditions for low-income households and encourages self-reliance. Telephone assistance helps eligible low-income families pay for basic telephone service installation costs or monthly costs for basic residential phone service. Ask your telephone provider for more information about telephone assistance and Lifeline benefits.

Miscellaneous Resources

[Boise Public Library](#)

Multiple Locations

Telephone: (208) 972-8200

Online database of resources offered in library or with a library card. Programs for all ages. Meeting rooms and study rooms are available through reservation. Public computer access, wi-fi, printing, scanning, and faxing available. Curbside pick-up and home-based services offered.

The Boise Public Library also has a Mental Health Coordinator on staff who can provide connections to community resources.

[Find Help](#)

Website that allows user to search for local food pantries, cash assistance, and housing assistance throughout Idaho.

[Low Income Veterinary Clinic](#)

Idaho Humane Society – Financial Assistance

1300 S. Bird Street. Boise, ID

Telephone: (208) 342-3599

Hours - Open Daily: 8AM – 6PM (Closed major holidays). Must have an appointment.

Our low-income veterinary assistance program can provide a percentage off of non-elective veterinary services for pets of families that are at or below 150% of poverty level. Access to our low-income veterinary assistance program requires an application, which you can fill out in advance of your appointment.

[Modest Needs Grant](#)

Provides short-term financial assistance to individuals and families in temporary crisis who, because they are working and live just above the poverty level, are ineligible for most types of conventional social assistance but who (like many of us) are living one or two lost paychecks away from the kind of financial catastrophe that eventually leads to homelessness.

[Morrison Knudsen Foundation](#)

The Zurcher Bldg., 102 S 17th St, Boise, ID

Telephone: (208) 424-7622

A one-time grant to assist needy individuals who demonstrate an appropriate need and are then referred to the Foundation for assistance by non-profit agencies and service providers. Applicants will complete an application and interview process to determine eligibility.

[Sleep in Heavenly Peace](#)

Telephone: 844-432-BEDS (2337)

We're a group of volunteers dedicated to building, assembling and delivering top-notch bunk beds to children and families in need.