



Our Path Home

# SUMMER COOLING RESOURCE GUIDE

JUNE - SEPTEMBER 2024

Our Path Home works with community partners in Boise and Ada County to identify spaces that will welcome and provide a cool place for people experiencing homelessness during the warm summer months.

**HOUSING CRISIS HOTLINE | 208-336-HOME (4663)**

Experiencing a housing crisis? Call us for resources, information and support.

[OURPATHHOME.ORG](https://OURPATHHOME.ORG)

# COOLING LOCATIONS

## SERVICES + RESOURCES

All facilities provide resource navigation, bathrooms, beverages, and indoor seating.



CLOTHES



FOOD/  
MEALS



SHOWERS



OVERNIGHT  
STAY



WIFI/  
COMPUTER



COVERED  
OUTDOOR  
SHELTER



CRISIS  
SUPPORT



LAUNDRY



PHONE

## BOISE CITY HALL

150 N CAPITOL BLVD | 208-608-7000



HOURS: Mon-Fri, 8AM-5PM

## BOISE PUBLIC LIBRARY

715 S CAPITOL BLVD | 208-972-8200



HOURS: Mon-Thur, 10AM-8PM  
Fri, 10AM-6PM, Sat-Sun, 10AM-2PM

## ADDITIONAL BRANCH ADDRESSES

- LIBRARY AT HILLCREST  
5246 W OVERLAND RD
- LIBRARY AT COLLISTER  
4742 W STATE ST
- LIBRARY AT COLE & USTICK  
7557 W USTICK RD

HOURS: Mon-Fri, 10AM-6PM

Tues-Thur, 10AM-8PM, Sat, 10AM-2PM

## CATHEDRAL OF THE ROCKIES

717 N 11TH ST | 208-343-7511



HOURS: Mon-Fri, 9AM-4PM  
LUNCH HOURS: Mon-Fri, 11:30AM- 1PM

## CITY LIGHT HOME FOR WOMEN AND CHILDREN

1404 W JEFFERSON ST | 208-368-9901



Women and children only. Open indoor access for overnight guests above 95 degrees.

HOURS: Daily, 9AM-8PM  
(Overnight check in at 4:30PM)

## CORPUS CHRISTI

525 S AMERICANA BLVD | 208-426-0039



Bus passes available.

HOURS: Daily, 8:30AM-8PM

## GARDEN CITY LIBRARY

6015 N GLENWOOD ST | GARDEN CITY



HOURS: Mon + Fri, 9:30AM-5:30PM  
Tues-Thur, 9:30AM-8PM, Sat, 10AM-4PM

## HAYS HOUSE

7221 POPLAR ST | 208-322-2308 (24 HRS)



24/7 Emergency Youth Shelter (Ages 9-17)

## INTERFAITH SANCTUARY

1620 W RIVER ST | 208-343-2630



HOURS: Daily, 8:30AM-4PM  
(Overnight check in at 4:30PM)  
For overnight shelter support call 208-345-5815

## RIVER OF LIFE- MEN'S SHELTER

575 S 13TH ST | 208-389-9840



Men only. Open indoor access to public when above 95 degrees.

HOURS: 9AM-4PM  
(Overnight check in at 4:30PM)

## TREASURE VALLEY YMCA

DOWNTOWN

1050 W STATE ST | 208-344-5501



Free seasonal gym membership. Apply at CATCH, Corpus Christi, Interfaith Sanctuary or Boise Public Library.

HOURS: Mon-Fri, 5AM-9PM  
Sat, 7AM-6PM | Sun, 10AM-6PM

- WEST BOISE YMCA  
5959 N DISCOVERY WAY, BOISE, ID 83713
- SOUTH MERIDIAN YMCA  
5155 HILLSDALE AVE, MERIDIAN, ID 83642

# ADDITIONAL RESOURCES

## OUTDOOR PUBLIC SPACES

Shaded outdoors area available from sunrise to sunset.

**ANN MORRISON PARK**  
1000 AMERICANA BLVD

**ESTHER SIMPLOT PARK**  
3206 W PLEASANTON AVE

**JULIA DAVIS PARK**  
700 S CAPITAL BLVD

**RHODES SKATE PARK**  
1555 W FRONT ST

**VETERANS MEMORIAL PARK**  
930 VETERANS MEMORIAL PKWY

## WIFI AVAILABLE



**CECIL ANDRUS PARK**  
601 W JEFFERSON ST



**CHERIE BUCKNER WEBB PARK**  
1100 W BANNOCK BLVD



**THE GROVE PLAZA**  
827 W MAIN ST

## FOOD PANTRIES

**EL-ADA COMMUNITY ACTION PARTNERSHIP**

**BOISE**  
2250 S VISTA AVE | 208-345-2820  
HOURS: Mon-Thur 8AM-4PM

**GARDEN CITY**  
701 E 44TH ST | 208-377-0700  
HOURS: Mon-Thurs 9AM -12PM and 1-5 PM

**SAINT MARY'S FOOD BANK**  
3890 W STATE ST | 208-345-2734  
HOURS: Mon, Fri 11AM-2PM,  
Wed, 11AM-1PM

**SALVATION ARMY**  
9492 W EMERALD ST | 208-343-5420  
HOURS: Tues-Thurs, 12-4PM + Friday, 12-1PM

**ST. VINCENT DE PAUL FOOD PANTRY**  
3209 W OVERLAND RD | 208-333-1460  
HOURS: Tues, Fri, 2nd Sat, 10AM-12PM

**TRUE HOPE FOOD PANTRY**  
607 N 13TH ST | 208-344-7809  
HOURS: Sat, 8-11AM

## RESOURCE SUPPORT

**BOISE LOW INCOME SUPPORT**  
CONTACT: [INFO@BOISELIST.ORG](mailto:INFO@BOISELIST.ORG) FOR AVAILABLE ITEMS AND SUPPORT

**JESSE TREE RESOURCE SUPPORT CENTER**  
208-383-9486

**OUR PATH HOME OUTREACH**  
503 S AMERICANA BLVD | 208-336-4663

HOURS: Tues, 9-11AM, Thur, 1-3PM  
EMAIL: [OurPathHome@catchprogram.org](mailto:OurPathHome@catchprogram.org)  
[OurPathHome.org](http://OurPathHome.org)

**ST. VINCENT DE PAUL HELPLINE**  
208-331-2208

Help with utilities, rental assistance, household goods, transportation, and clothing. Leave a message with name, phone number and need.

**DEPARTMENT OF VETERANS AFFAIRS**  
208-422-1039

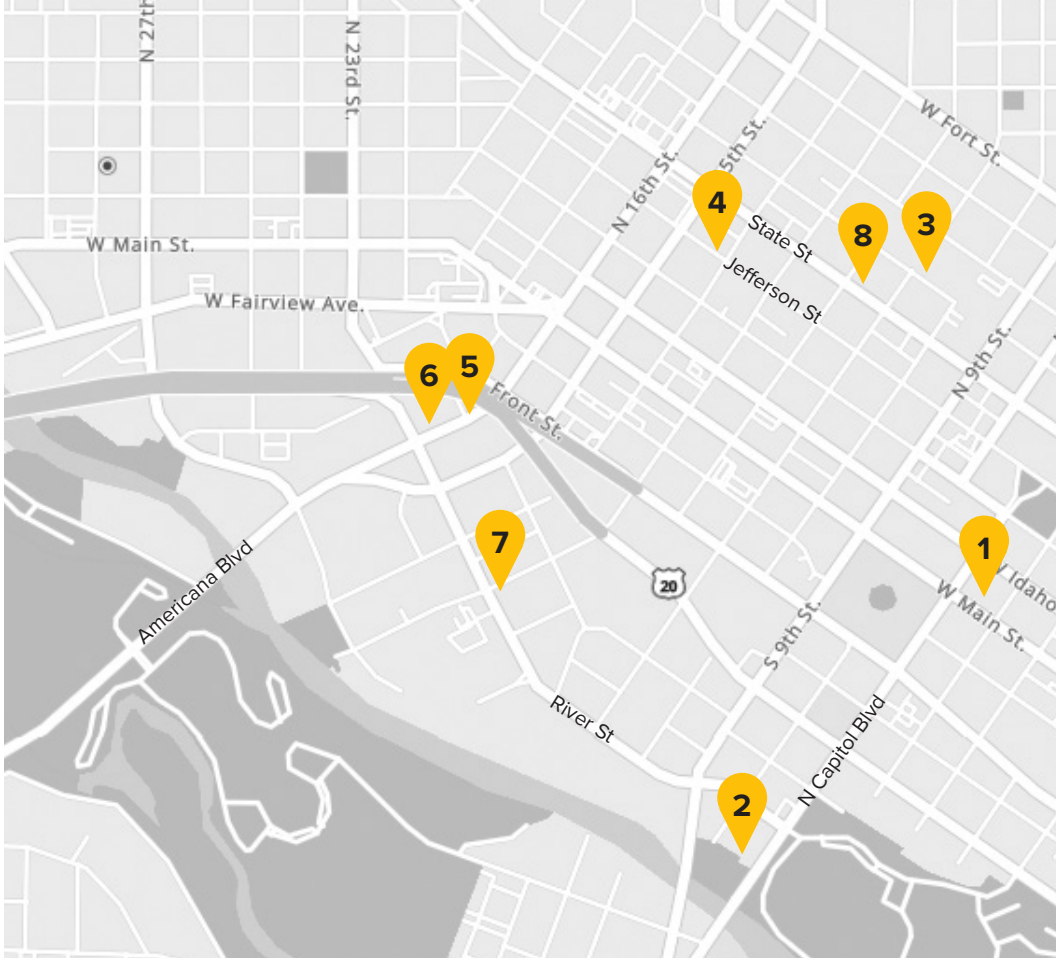
## FIND HELP IDAHO



Online location-based resource guide with the ability to print, connect, and send/receive updates with a variety of community partners and resources.

[FindHelpIdaho.org](http://FindHelpIdaho.org)

# MAP



## INDOOR LOCATIONS

1. **BOISE CITY HALL**  
150 N CAPITOL BLVD
2. **BOISE PUBLIC LIBRARY - DOWNTOWN**  
715 S CAPITOL BLVD
3. **CATHEDRAL OF THE ROCKIES**  
717 N 11TH ST
4. **CITY LIGHTS**  
1404 W JEFFERSON ST
5. **CORPUS CHRISTI**  
525 S AMERICANA BLVD
6. **INTERFAITH SANCTUARY**  
1620 W RIVER ST
7. **RIVER OF LIFE**  
575 S 13TH ST
8. **TREASURE VALLEY YMCA - DOWNTOWN**  
1050 W STATE ST

# SUMMER SAFETY

## STAYING COOL - HOT TIPS

- **STAY HYDRATED**  
Drink plenty of water throughout the day. Avoid drinking alcohol, coffee, tea, and caffeinated soft drinks.
- **FIND SHADE + COOL AREAS**  
Seek shaded spots or air-conditioned public places during peak heat. Limit time in direct sunlight.
- **WEAR LIGHT CLOTHING**  
Opt for lightweight, light-colored, and loose-fitting clothes. Change clothing if damp or wet
- **TREAT YOUR SKIN**  
Use sunscreen, wear a wide-brimmed hat, and sunglasses. Keep a damp rag or bandana to wipe your face or neck. Take cool showers.
- **EAT LIGHT**  
Have smaller, frequent meals and avoid heavy foods.
- **CHECK ON OTHERS**  
Especially older adults, those with health conditions or disabilities and those using substances.
- **CONSIDER PET SAFETY**  
Make sure pets have plenty of cool water and access to shade. Asphalt and pavement can very hot for their feet.

## BE ALERT TO HEAT ILLNESS SYMPTOMS

- **HEAT STROKE**  
Dry, hot skin, no sweating, high temperature, rapid pulse, chills, confusion, slurred speech.
  - If you suspect heat stroke, get the person medical care immediately. Cool down with whatever methods are available. Do not give them anything to drink.
- **HEAT EXHAUSTION**  
Excessive sweating, weakness, dizziness, clammy skin, muscle cramps, flushed skin.
- **HEAT CRAMPS**  
Muscle pain and spasms, usually in the abdomen, arms, or legs.
  - If you suspect heat cramps or heat exhaustion, go to a cooler a location, remove extra clothing, and take sips of water or sports drink.
- **HEAT RASH**  
Red pimples or small blisters, often on the neck, chest, groin, under breasts, and elbow creases.

# ADDITIONAL SUPPORT

## HEALTH SERVICES

### TERRY REILLY HEALTH SERVICES

300 S 23RD ST | 208-318-1326

HOURS: Mon- Fri, 8AM-6PM (closed 1-2PM)

### PSYCHIATRIC MEDICATION MANAGEMENT WALK- IN

HOURS: Wed, 2-4PM, Fri, 1-5PM

### TERRY REILLY HEALTH SERVICES

848 LA CASSIA DR | 208-344-0086

HOURS: Mon-Fri, 8AM- 5PM (Closed 12-1PM)

### FULL CIRCLE IDAHO

325 W IDAHO ST | 208-514-2525

HOURS: Mon- Fri, 8AM- 5PM

### GENESIS COMMUNITY CLINIC

215 W 35TH ST, GARDEN CITY | 208-384-5200

HOURS: Mon, Fri, 8AM-5PM, Tues, Thur, 8AM-7:30PM

# CRISIS SUPPORT

Reach out if you or someone you know is experiencing a crisis.

- **IF YOU ARE IN AN EMERGENCY CALL 911**
- **BOISE NON-EMERGENCY POLICE**  
208-377-6790
- **MOBILE CRISIS - BEHAVIORAL HEALTH UNIT**  
208-334-0808
- **PATHWAYS COMMUNITY CRISIS CENTER**  
833-525-4747
- **SUICIDE + CRISIS LIFELINE**  
988 or 1-800-273-8255
- **WCA DOMESTIC VIOLENCE CRISIS HOTLINE**  
208-343-7025
- **WCA SEXUAL ASSAULT HOTLINE**  
208-345-7273

## MORE INFORMATION

Please contact [info@ourpathhome.org](mailto:info@ourpathhome.org) or call the Housing Crisis Hotline at **208-336-4663**.

