



Our Path Home

# WINTER WARMING RESOURCE GUIDE

Our Path Home works with community partners to identify spaces that will welcome and provide a warm place for people experiencing homelessness during the cold winter months.

**HOUSING CRISIS HOTLINE | 208-336-HOME (4663)**

If you are experiencing a housing crisis,  
call us for resources, information and support.

**[OurPathHome.org](https://OurPathHome.org)**

# WARMING LOCATIONS

## SERVICES + RESOURCES

All facilities provide resource navigation, bathrooms, beverages, and indoor seating.



CLOTHES



FOOD/  
MEALS



SHOWERS



OVERNIGHT  
STAY



WIFI/  
COMPUTER



FIRST  
AID



COVERED  
OUTDOOR  
SHELTER



CRISIS  
SUPPORT



LAUNDRY

## BOISE PUBLIC LIBRARY

715 S CAPITOL BLVD | 208-972-8200



**HOURS:** Mon-Thur, 10 a.m.-8 p.m.  
Fri, 10 a.m.-6 p.m. | Sat-Sun: 10 a.m.-2 p.m.

### ADDITIONAL BRANCH ADDRESSES

- **LIBRARY AT HILLCREST**  
5246 W. OVERLAND RD
- **LIBRARY AT COLLISTER**  
4742 W. STATE ST
- **LIBRARY AT COLE & USTICK**  
7557 W. USTICK RD
- **HOURS:** Mon- Fri, 10 a.m.-6 p.m.  
Tues-Thur, 10 a.m.-8 p.m.  
Sat, 10 a.m.-2 p.m.

## CATHEDRAL OF THE ROCKIES

717 N 11TH ST | 208-343-7511



**HOURS:** Mon-Fri, 9 a.m.-4 p.m.  
**LUNCH HOURS:** Mon-Fri, 11:30 a.m.- 1 p.m.

## CITY OF LIGHTS- BOISE RESCUE MISSION

1404 W JEFFERSON ST | 208-368-9901



Women and children only. Open indoor access.

**HOURS:** Daily, 9 a.m.-4 p.m.  
(Overnight check in at 4:30 p.m.)

## CORPUS CHRISTI

525 S AMERICANA BLVD | 208-426-0039



Bus passes available.

**HOURS:** Mon-Sat, 8:30 a.m.-4:30 p.m.

## HAYS HOUSE

7221 POPLAR ST | 208-322-2308 (24 HRS)



24/7 Emergency Youth Shelter (Ages 9-17)

## IDAHO HARM REDUCTION

2717 W BANNOCK ST | 208-991-4574  
(DAYTIME REST OKAY HERE)



**HOURS:** Tues, Wed, Thur, 2-8 p.m.

## INTERFAITH SANCTUARY

1620 W RIVER ST | 208-343-2630



**HOURS:** Daily, 8:30 a.m.-4 p.m.  
(Overnight check in at 4:30 p.m.)

## RIVER OF LIFE- BOISE RESCUE MISSION

575 S 13TH ST | 208-389-9840



Men only. Open indoor access.

**HOURS:** 9 a.m.-4 p.m.  
(Overnight check in at 4:30 p.m.)

## TREASURE VALLEY YMCA

1050 W STATE ST (DOWNTOWN) |  
208-344-5501



Free winter gym membership. Apply at CATCH, Interfaith Sanctuary, or Boise Public Library.

**HOURS:** Mon-Fri, 5 a.m.-9 p.m.  
Sat, 7 a.m.-6 p.m. | Sun, 10 a.m.-6 p.m.

- **WEST BOISE YMCA**  
5959 N DISCOVERY WAY, BOISE, ID 83713
- **SOUTH MERIDIAN YMCA**  
5155 HILLSDALE AVE, MERIDIAN, ID 83642

# ADDITIONAL RESOURCES

## SHELTERED OUTDOOR SPACES

Covered outdoor shelters, bathroom access. Available sunrise to sunset.

**RHODES SKATE PARK**  
1555 W FRONT ST

**ANN MORRISON PARK**  
1000 AMERICANA BLVD

**JULIA DAVIS PARK**  
700 S. CAPITAL BLVD

**VETERANS MEMORIAL PARK**  
930 VETERANS MEMORIAL PKWY

## FOOD PANTRIES

**EL-ADA COMMUNITY ACTION PARTNERSHIP**

2250 S VISTA AVE | 208-377-0700

HOURS: Mon-Thur 8 a.m.-4 p.m.

**SAINT MARY'S FOOD BANK**

3890 W STATE ST | 208-345-2734

HOURS: Mon, Fri 11 a.m.-2 p.m.,  
Wed 11 a.m.-1 p.m.

**TRUE HOPE FOOD PANTRY**

607 N 13TH ST | 208-344-7809

HOURS: Sat, 8-11 a.m.

**ST. VINCENT DE PAUL FOOD PANTRY**

3209 W OVERLAND RD | 208-333-1460

HOURS: Tues, Fri, 2nd Sat, 10 a.m.-12 p.m.

## RESOURCE SUPPORT

**OUR PATH HOME OUTREACH**

503 S AMERICANA BLVD | 208-336-4663

HOURS: Tues, 9-11 a.m., Thur, 1-3 p.m.

EMAIL: [ourpathhome@catchprogram.org](mailto:ourpathhome@catchprogram.org)

[OurPathHome.org](http://OurPathHome.org)

**MENTAL HEALTH COORDINATOR AT THE LIBRARY**

715 S CAPITOL BLVD | 208-972-8216

(Downtown Main Library)

HOURS: Mon, Tues, Fri, 10 a.m.-12 p.m.

**ST. VINCENT DE PAUL HELP LINE**

208-331-2208

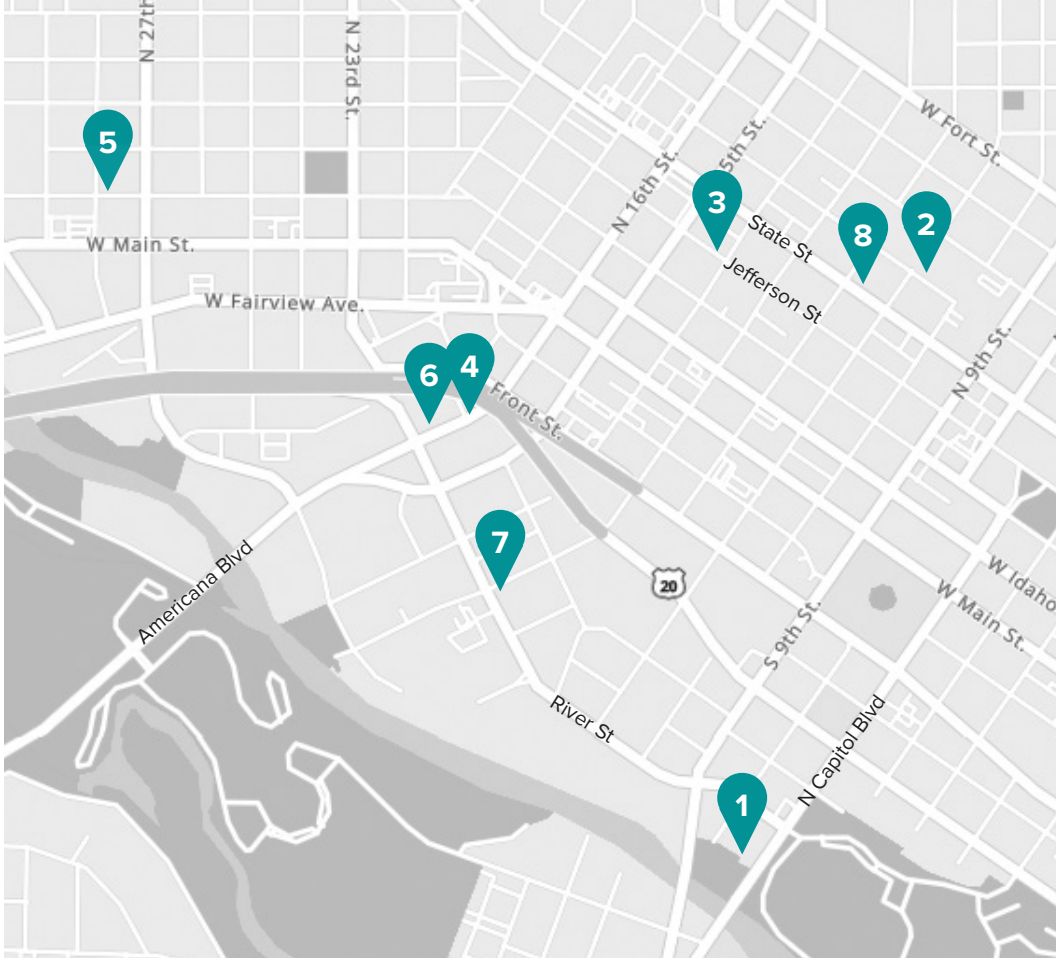
Help with utilities, rental assistance, household goods, transportation, and clothing. Leave a message with name, phone number and need.

**FIND HELP IDAHO**

Online location-based resource guide with the ability to print, connect, and send/receive updates with a variety of community partners and resources.

[FindHelpIdaho.org](http://FindHelpIdaho.org)

# MAP



## LOCATIONS

- 1. BOISE PUBLIC LIBRARY - DOWNTOWN**  
717 S CAPITOL BLVD
- 2. CATHEDRAL OF THE ROCKIES**  
717 N 11TH ST
- 3. CITY OF LIGHTS**  
1404 W JEFFERSON ST
- 4. CORPUS CHRISTI**  
525 S AMERICANA BLVD
- 5. IDAHO HARM REDUCTION**  
2717 W BANNOCK ST
- 6. INTERFAITH SANCTUARY**  
1620 W RIVER ST
- 7. RIVER OF LIFE**  
575 S 13TH ST
- 8. TREASURE VALLEY YMCA - DOWNTOWN**  
1050 W STATE ST
- 9. HAYS HOUSE (NOT ON MAP)**  
7221 POPLAR ST

# WINTER SAFETY

## WINTER SAFETY TIPS: DON'T WAIT, TAKE ACTION!

- Seek shelter in warm spaces
- Layer clothing
- Avoid cotton (Use synthetic fabrics that wick moisture from your skin and dry quickly)
- Wear an outer layer that is water repellent and hooded
- Wear a hat (40% of body heat can be lost from our heads)
- Cover your mouth to protect your lungs from extreme cold
- Wear mittens or gloves, snug at the wrist (mittens are better than gloves)
- Stay dry and out of the wind
- Stay hydrated and consume warm liquids
- Know emergency contact location
- Utilize public spaces
- Carry emergency supplies
- Know how to get help
- Be aware of early signs of cold-related illnesses

## HYPOTHERMIA

Hypothermia is a medical emergency and immediate medical care is necessary.

### SIGNS + SYMPTOMS

- Shivering and confusion
- Exhaustion, drowsiness or feeling very tired
- Memory loss and slurred speech
- Signs in babies: bright red, cold skin, and very low energy

### HELPING THOSE WHO MAY BE HYPOTHERMIC

- Get the person into a warm room or shelter.
- Remove any wet clothing the person is wearing.
- Warm the center of the person's body—chest, neck, head, and groin—using an electric blanket, if available. You can also use skin-to-skin contact under loose, dry layers of blankets, clothing, towels, or sheets.
- Warm drinks can help increase body temperature, but do not give alcoholic drinks. Do not try to give beverages to an unconscious person.
- After body temperature has increased, keep the person dry and wrap their body, including their head and neck, in a warm blanket.
- Get the person proper medical attention as soon as possible.

# WINTER SAFETY

## FROSTBITE

A person who has frostbite may not know they have it until someone else points it out because the frozen parts of their body are numb.

### SIGNS + SYMPTOMS

- Redness or pain in any skin area
- A white or grayish-yellow skin area
- Skin that feels unusually firm or waxy
- Numbness

### HELPING THOSE WHO MAY HAVE FROSTBITE

- Get the person into a warm room as soon as possible.
- Unless necessary, do not walk on feet or toes that show signs of frostbite—this increases the damage.
- Do not rub the frostbitten area with snow or massage it at all. This can cause more damage.
- Put the areas affected by frostbite in warm—not hot—water (the temperature should be comfortable to the touch for unaffected parts of the body).
- If warm water is not available, warm the affected area using body heat. For example, you can use the heat of an armpit to warm frostbitten fingers.
- Do not use a heating pad, heat lamp, or the heat of a stove, fireplace, or radiator for warming. Affected areas are numb and can easily burn.
- Get the person proper medical attention as soon as possible.

*(Sources: Weather.Gov, Healthwise.net, YMCA)*

# ADDITIONAL SUPPORT

## HEALTH SERVICES

### TERRY REILLY HEALTH SERVICES

300 S 23RD ST | 208-318-1326

HOURS: Mon- Fri, 8 a.m.-6 p.m. (closed 1-2 p.m.)

### PSYCHIATRIC MEDICATION MANAGEMENT WALK- IN

HOURS: Wed, 2-4 p.m., Fri, 1 p.m.-5 p.m.

### TERRY REILLY HEALTH SERVICES

848 LA CASSIA DR | 208-344-0086

HOURS: Mon-Fri, 8 a.m.- 5 p.m. (closed 12-1 p.m.)

### FULL CIRCLE IDAHO

325 W IDAHO ST | 208-514-2525

HOURS: Mon- Fri, 8 a.m.- 5 p.m.

### GENESIS COMMUNITY CLINIC

215 W 35TH ST, GARDEN CITY | 208-384-5200

HOURS: Mon, Fri, 8 a.m.-5 p.m., Tues, Thur, 8 a.m.-7:30 p.m.

# CRISIS SUPPORT

Reach out if you or someone you know is experiencing a crisis.

- **IF YOU ARE IN AN EMERGENCY CALL 911**
- **BOISE NON-EMERGENCY POLICE**  
208-377-6790
- **MOBILE CRISIS - BEHAVIORAL HEALTH UNIT**  
208-334-0808
- **PATHWAYS COMMUNITY CRISIS CENTER**  
833-525-4747
- **SUICIDE + CRISIS LIFELINE**  
988
- **WCA DOMESTIC ABUSE CRISIS HOTLINE**  
208-343-7025
- **WCA SEXUAL ASSAULT HOTLINE**  
208-345-7273

